

Soccer Vocabulary

Field:

- Defensive 3rd - From our Goal to midway through our half.
- Midfield 3rd - From Midway through our half to midway through the opponents half.
- Attacking 3rd - Midway through the opponents half to the opponents goal.
- Formation - 1-4-3-3
- Positions: (see picture at bottom)
 - 1. Goalkeeper
 - 2. Right Back
 - 4/5. Center Back
 - 3. Left Back
 - 6/8/10. Defensive/Attacking Midfielders
 - 7. Right Wing
 - 11. Left Wing
 - 9. Center Forward

Defense:

- Push Up ("up") - Backline move up as one line. Take space as we go forward and get to the half line.
 - "Up", "Line up", "Get to Half"
- Step/Pressure - Put pressure on the ball immediately.
 - "I step", "Pressure on the ball"
- Cover - Defensive support. Support the pressuring defender in case they are beaten.
- Balance - Defenders not near the ball must position themselves to cover important spaces (normally central areas) in order to prevent attackers from making penetrating runs into these spaces.
- Press - We step and pressure the opponent in their own half; Forwards press backline, Midfielders Push-up, and Defenders get to half. *Especially*, on a risky ball/pass/touch close to the opponents goal.
- Face the ball - When the ball goes out of bounds, reset your position, face the ball, and find your mark immediately.
 - "Face", "See the ball"

- Mark - Find an opponent immediately when defending throw-in, corner, or free kick
 - "Find a mark", "Mark up"
- Wall - Make a wall with teammates in order to cut off a shooting/crossing angle.

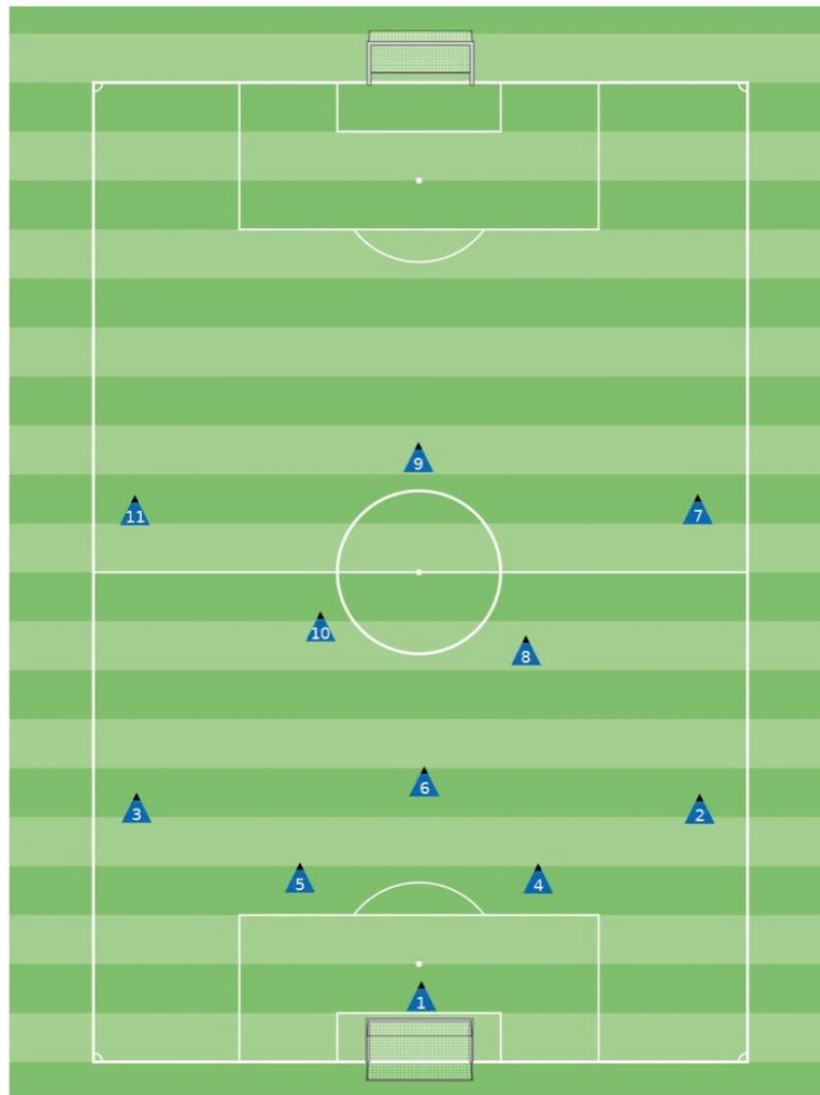
Possession:

- WE - When WE are in possession of the ball and trying to build-up the field to score; how do we create space and angles, as well as, attacking options.
- THEY - When the opponent has the ball; how do we defend, who steps to ball, who covers, and where is our balance.
- Transition - Any moment where there is a change in ball possession; from Offense to Defense and Defense to Offense.
- Simple - Play the way you face. Do not over complicate the situation.
 - "Play simple", "simple ball", "simple pass"
- Support - A player who is behind the current play, who can help keep possession of the ball or provide an option for the player in trouble.
 - "Support", "Ball back"
- Weakside - The side of the field without the ball.
 - "Find the weakside"
- Strongside - The side of the field with the ball.
- Swing - Move the ball through the backline to keep possession. (1/2/3/4/5)
- Switch - Move the ball from one side of the field (strongside) to the other side of the field (weakside).
 - Example - From the 2 to 6 to 11 (right back to Mid to left wing)
- Individual Ball Possession - Keeping the ball by completing passes or dribbling out of trouble to keep the ball for the team.
- Build-Up - Possession in our Defensive 3rd, moving the ball up to the Midfield 3rd and Attacking 3rd.
- Combinations -
 - Give & Go (One.Two/Wall pass) - Combining passes with a teammate to get around a defender. *(player with ball passes to teammate and runs around defender to receive pass on the otherside)*
 - Overlap - player runs around a teammate and ahead of the ball for a pass into space. *(outside defender makes a run around the winger)*

- Take Over - To exchange the ball with another teammate. (*player shields ball from opponent and a teammate runs around and takes the ball from their teammate*)

Offense:

- Target - Find the 9s (Center Forwards) feet.
 - “Can we find the 9?”, “Find the target”
- Check - Come meet the pass from your teammate. Check into the space in front of the defender.
- Through ball - Ball on the ground to a player running behind the defense.
- Diagonal run - Forward run diagonally across the field from one side of the defense to the other.
 - Example - 7 (right wing) running behind the opponents 4/5 (center backs)
- Cross - Put the ball in the box in a dangerous position to give a teammate the chance to score.
- Cutback - Dribble the ball to the endline and pass it back across the face of the goal.
- Dummy – Letting the ball go past or through your legs to a teammate.
- Shot - Take a chance near the goal in order to score.



NOTES: